

Every student counts

Each and every student is different, with his or her own strengths, talents and needs. This year's Scarborough Parent Conference celebrates this diversity and seeks to explore the various pieces of the puzzle, which fit together and contribute to student success. Expert speakers, in addition to engaging workshops will focus on important issues such as bullying, high-risk adolescent behaviours, and healthy lifestyle choices, in addition to the broader question of what role parents can and should play in their children's education. Please join us in this experience as we share our stories with other parents, educators, community resource representatives, and trustees.

Event Workshops and Registration Information

Morning Session: 10:30 to noon (marked with **M**) **Afternoon Session:** 2:00 to 3:30 p.m. (marked with **A**)

Please be aware that **some** workshops are offered only in the morning or afternoon.

There are two ways to register. On-line registration is preferable.

- | | |
|---|--|
| <p>1 To view the flyer and register online:
TDSB parents visit www.tdsb.on.ca/spc
TCDSB parents visit www.tcdsb.org/spc</p> | <p>2 To register by phone or fax:
TDSB parents call (416) 397-2571
Fax (416) 397-3114
TCDSB parents call (416) 222-8282 Ext. 2374
fax: (416) 512-3380</p> |
|---|--|

M1 Pathways to Success
What are the right courses and academic levels that my child should be taking in high school? What high school programmes/opportunities/resources are available to my child to help them succeed at their career choice? What skills do they need to be successful and employable? What careers are in demand? How do we know as a family that we are making the right choices? Join Cathy Haghghat and Lester B. Pearson C.I. staff for this interactive workshop, which will showcase what they have done with the Ministry Pathways and initiatives, which will focus on groups from Grades 9 to 12 and transitioning to high school from Grades 7 and 8. Pearson is a true community school that provides students the opportunities, tools and skills for the future.

A1 Bullying: looking through the eyes of the victim
Derek Woodruff will provide a candid look at the impact of bullying in schools and online, explore ways to proactively engage bystanders, and examine anti-bullying strategies and programs that promote community, empathy, and respect. Joining us will be a group of Scarborough teens from local middle schools and high schools that will share their experience of bullying/victimization through drama, poetry, and story telling. "Together, we will explore meaningful ways that parents, educators and students can offer support to all individuals affected by bullying behaviours".

M2/A2 Empowering Parents: to help adolescents reach their full potential
Professionals from Sick Kids Hospital will lead this workshop that will include discussions on the development of the teen brain and adolescent behaviour. We will then explore various high-risk behaviours with an emphasis on substance abuse in youth. This will be designed to provide information to help parents recognize the signs of high-risk behaviours and provide strategies and resources that can help. Dr. Asha Pemberton-Gaskin is a pediatrician who is currently a Clinical Fellow in the Adolescent Medicine Division at Sick Kids Hospital. Paul Pereira is a Child and Youth Counselor who is currently working in the Substance Abuse Day Treatment Program with Sick Kids Hospital. He also works part-time on the Child and Adolescent Crisis Unit as well as doing crisis assessments in the ER Department at St. Josephs Health Centre.

M3/A3 When to Consult
Dr. Alex Russell, ph. D., C. Psych from the Hinks Dellcrest Centre (www.hinksdellcrest.org) addresses problem behaviours in the early years and helps parents differentiate what are normal growing pains from what requires more investigation. Emphasis is placed on allowing children to have the opportunity to make their own decisions – and mistakes – during the complicated business of growing up!

M4 Students at Risk
What puts a Student at Risk and exactly what does "at risk" mean? What can be done to help identify at risk students? How can we better manage their success? What programs are available to assist and help students? Are boys more susceptible to being "at Risk" than girls? Patrick Rutledge, former public board trustee and founder of Boys2Men basketball and DeMar's Slam Dunk Book Club for boys and Tim Fisher, Vice Principal Alternative Programs, Safe and Caring Schools will explore strategies for the intervention and successful management of children at risk. In addition Teachers and Social Workers from Safe and Caring Schools will be available to discuss the role of Safe Schools and other supports available to suspended and expelled students.

A4 Successful Student
Robert Radovski, Vice Principal Pringdale Gardens Jr. PS will discuss ways to assist parents with strategies to engage their children in learning that will help them reach their academic potential. Topics will also include Special Education, School Council, and the Parent/School relationship. A valuable resource will also be available for parents to use for future reference.

M5 Healthy Choices
TDSB Trustee Soo Wong will discuss healthy lifestyle choices ranging from nutrition to Earth friendly practices. We will discuss the growing need for nutrition programs in our schools, with emphasis on programs to address obesity and diabetes concerns. Representatives of several health related agencies would be on hand to provide information on how to encourage and provide healthy choices.

A5 Parent Engagement: The Ultimate Advocate – Are you waiting for Superman?
Margo Cowie, a long time parent activist will have a real discussion about the possibilities that await you. What is effective advocacy? A transformative and life-long usable skill that is rooted in deep passion and love for our most valuable possessions...our children.

M6 Media Mysteries Revealed
Ever wonder how the media works or what it takes to get a story you think is important covered by a reporter? Making every student count means ensuring the media gets your message. Do you think the media doesn't give schools a fair shake? Come hear from Moira MacDonald, Education Columnist, Toronto Sun, Kris Rushowy, Columnist, Toronto Star and other seasoned local education reporters about what the media looks for in a school story, where they go for information and how to get them calling you! This workshop will include tips on approaching the media, basics on press releases, and an opportunity for your questions.

Name: _____

Phone: _____

Address: _____

School: TDSB TCDSB

WORKSHOP CHOICE (Choose one for Morning and one for Afternoon)				
Morning Session	Child Minding	Afternoon Session	Child Minding	Menu Preference
M1 <input type="checkbox"/>	M4 <input type="checkbox"/>	A1 <input type="checkbox"/>	A4 <input type="checkbox"/>	Regular <input type="checkbox"/>
M2 <input type="checkbox"/>	M5 <input type="checkbox"/>	A2 <input type="checkbox"/>	A5 <input type="checkbox"/>	Vegetarian <input type="checkbox"/>
M3 <input type="checkbox"/>	M6 <input type="checkbox"/>	A3 <input type="checkbox"/>		